

# **Shyama Prasad Mukherji College**

## **Teaching Plan (Jan - June 2023 session)**

**Course and Year :** B.A. (H) Applied Psychology, III year

**Semester :** VI

**Taught individually or shared :** shared

**Paper :** Projects

**Faculty :** Dr. Anamika Rai

**No. of Classes (per week) :** 1 Theory

**Programme Objectives:** LOCF offers a focused, outcome-based undergraduate curriculum with a framework to organize teaching-learning experiences around student requirements. LOCF improves student learning.

The B.A.(Hons) Applied Psychology programme defines its goals and assures results. The programmes list graduate-level qualities. Morality, emotional stability, critical thinking, social justice, and developing employability skills are graduate attributes. This curriculum prepares students for long-term success.

Project/Dissertation American Psychological Association (APA) style to be followed for project writing.

**Abstract** – 150 words including problem, method & results.

**Introduction** – Theoretical consideration, review, present study, objectives and hypotheses.

**Method – Design, Sample, Measures, Procedure**

**Results-** Quantitative analysis of group data (Raw data should not be attached in Appendix, Graphical representation of data wherever required. Qualitative analysis wherever done should indicate the method of qualitative analysis.

**Discussion & Conclusion**

**References** (APA Style) & Appendix

Project should be in soft binding. It should be typed in 1.5 spacing on both sides of the paper. Total text should not exceed 50 pages (References & Appendices extra). Project should be prepared in the form of research paper to be published in a reputed scientific journal.

**Readings:**

E-resources will be used in searching the articles for the purpose of review of literature.

Aron, A., Aron, E. N., & Coups, E. J. (2007). Statistics for Psychology. 4th ed. India: Pearson Education, PrenticeHall.

Field, A. (). Discovering statistics using IBM SPSS Statistics, 4 ed., SAGE Publication.  
King, B. M., & Minium, E.W. (2007). Statistical Reasoning in the Behavioral Sciences. (5th Ed.) USA: John Wiley.

Publication manual of American Psychological association, 6th edition., Washington DC.

No of classes required to complete the project/dissertation: approx. 60 hours

Methodology of Teaching: Discussion, Teaching of statistical analysis through software.

**Assessment:** assessment will be done on the basis of overall project carried out by the student. Dissertation is expected to complete by second week of April,2023

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**Course and Year :** B.A. (H) Applied Psychology, III year

**Semester :** VI

**Taught individually or shared :** shared

**Paper :** FIOP -II

**Faculty :** Dr. Anamika Rai

**No. of Classes (per week) :** 2 Theory + 4 Practical

**Programme Objective:** The LOCF approach aims to provide a focused, outcome-based syllabus at the undergraduate level with an agenda to structure the teaching-learning experiences in a more student-centric manner. The LOCF approach has been implemented to strengthen students' experiences.

B.A.(Hons)Applied Psychology clearly elaborates its nature and promises the outcomes that are to be accomplished by studying the courses. The programmes also state the attributes that it offers to be inculcated at the graduation level. The graduate attributes encompass values related to well-being, emotional stability, critical thinking, social justice and also skills for employability. In short, this programme prepares students for sustainability and life-long learning.

**Course objective:** Applied Psychology graduates will have a clear understanding of and exhibit ethical leadership skills in professional practice and towards the larger community.

<b>Teaching Plan</b>
<p><b>UNIT III:</b> Basic Approaches to Leadership: Trait Theories; Behavioural Theories; Contingency Theories; Inspirational approaches: Transformational-transactional leadership; Contemporary approaches: Authentic leadership, Indian Approaches To Leadership, Challenges to leadership in contemporary times.</p> <p><b>UNIT IV:</b> Positive Organizational Behaviour: Positive Psychology; Self-Efficacy/Confidence, Optimism, Hope, Resiliency; Psychological Capital (PsyCap) Other Positive Constructs: Emotional Intelligence (EI), work-life balance.</p> <p><b>Readings prescribed in the syllabus</b></p> <p>Greenberg &amp; Baron, (2008). Behaviour in Organization, 9th (Ed.) Pearson. (Unit 3 Chapter 12)</p>

Jex, Steve M. & Britt, Thomas W (2014) Organizational Psychology: A Scientist-Practitioner Approach, 3rd Edition, Wiley International (Unit 3: Chapter 10)

Luthans, F, Brett C. Luthans, Kyle W. (2015). Organizational behaviour: An evidence based approach, 13th Edition. McGraw Hill (Unit 3: Chapter 13)

Parikh, N. & Gupta, R. (2010). Organization Behaviour. Tata Mc. Graw Hill Education New Delhi (Unit 3: chapter 18& 19) 33

Robbins, S.P., Judge T.A. (2017) Essentials of Organizational Behaviour, Pearson Education (Unit 3: Chapter 12)

Luthans, F, Brett C. Luthans, Kyle W. (2015). Organizational behaviour: An evidence-based approach, 13th Edition. McGraw Hill (Unit 1: Chapter 6; Unit 2: Chapter 10; Unit 3: Chapter 13, Unit 4: Chapter 7;)

**No of classes required to complete the unit (approx.):**

1. Unit 1: 15 classes
2. Unit 2: 15 classes

**Methodology of Teaching:** Class room lecture and discussion, PPT, audio-visual aids and case studies

**TOPICS TO BE COVERED WITH TIME FRAME**

UNITS	TIME FRAME
<b>UNIT III: Basic Approaches to Leadership:</b> <ul style="list-style-type: none"> <li>Trait Theories; Behavioural Theories; Contingency Theories</li> <li>Inspirational approaches: Transformational-transactional leadership</li> <li>Contemporary approaches: Authentic leadership</li> <li>Indian Approaches to Leadership, Challenges to leadership in contemporary times.</li> </ul>	<b>III week of Jan</b>  <b>IV week of Jan</b>  <b>I week of Feb</b>  <b>III week of Feb</b>
<b>UNIT IV: Positive Organizational Behaviour:</b> <ul style="list-style-type: none"> <li>Positive Psychology; Self-Efficacy/Confidence,</li> </ul>	<b>I week of March</b>

<ul style="list-style-type: none"> <li>• Optimism, Hope, Resiliency;</li> <li>• Psychological Capital (PsyCap)</li> <li>• Other Positive Constructs: Emotional Intelligence (EI), work-life balance.</li> </ul>	<p><b>IV week of March</b></p> <p><b>II week of April</b></p> <p><b>IV week of April</b></p>
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## **ASSESSMENT**

### **Tentative date of assessments/ assignments:**

Assignment – IV week of January

Test- IIIrd week of March

Revision IV week of April

**Criteria of Assessment:** Understanding, Concept clarity, Mode of presentation.